

# Safeguarding the Right to Health in an Unequal World

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# The right to health

- \* Universal Declaration of Human Rights art 25
- \* International Covenant on Economic and Social Rights art 12
  - \* Elaboration General Comment 14, CESCR Committee
- \* International Convention on the Elimination of All Forms of Racial Discrimination art 5(e)(iv)
- \* Convention on the Elimination of All Forms of Discrimination against Women art 10 (h), 11(1)(f), 12, 14(2)(b), 16 (1) (e)
- \* Convention on the Rights of the Child art 24
- \* International Convention on the Protection of the Rights of All Migrant Workers and Members of their Families art 28, 43 (1) (e), 45 (1)(c).
- \* Convention on the Rights of Persons with Disabilities art 25

# Framework for the right to health

## ICESCR art 12:

1) “The States Parties to the present Covenant recognize the right of **everyone** to the **enjoyment of the highest attainable standard of physical and mental health.**”

2) The steps to be taken by the States Parties to the present Covenant to achieve the **full realization** of this right shall include those necessary for:

- \* the provision for the **reduction of the stillbirth rate and of infant mortality and for the healthy development of the child;**
- \* the improvement of all aspects of **environmental and industrial hygiene;**
- \* the prevention, treatment and control of epidemic, endemic, occupational and other diseases; **the creation of conditions which would assure to all medical service and medical attention in the event of sickness.**”

# Framework for realising the right to health

- \* General Comment 14
  - \* Progressive realisation
  - \* Core obligations
  - \* Non-discrimination and equality, especially for vulnerable groups
  - \* State must respect, protect, and fulfil the right to health
  - \* State must make health goods, services and facilities available, accessible, acceptable, and good quality

# Framework for realising the right to health

- \* General Comment 14

- \* Freedoms (e.g. autonomy) and entitlements (e.g. access to essential medicines)
- \* Include underlying factors and social determinants of health
- \* Participation, community involvement and accountability
- \* Policies must be evidence-based
- \* **International cooperation**

# Why take a right to health approach?

- \* Distinction from traditional public health approaches
- \* The right to health is distinct because of:
  - \* The centrality of autonomy and informed consent
  - \* Its emphasis on non-discrimination and the protection of vulnerable groups
  - \* The importance of participation and accountability
- \* i.e. a focus on **empowerment**

# Vulnerable and marginalised groups

- \* Of particular importance is the role of the right to health in safeguarding the rights of vulnerable and marginalised groups
- \* Including women, minorities, children, MSM, undocumented migrants, asylum seekers, sex workers, HIV+ persons, etc.
  - \* See: *Naz Foundation* (decriminalised private homosexual conduct via inter alia right to health)
  - \* See: HIV responses (surveillance vs destigmatization)

# Vulnerable groups – the example of HIV

## Example:

- \* Response to HIV can be divided in three stages:
  - \* Discovery of illness, uncertainty, panic
  - \* ‘Public health rationale’ – risk reduction and behavioural change, corresponding discriminatory measures
  - \* ‘Vulnerability’ approach – focus on societal factors barring individual control over health
- \* Most effective in reducing rate of HIV infection was the **vulnerability** approach, which is broadly **rights-based**
- \* Indicates that rights based approaches are not only **fair**, but also **effective**



# Challenges for realising the right to health

- \* **Only imposes obligations for progressive realisation**
- \* **Lack of regulation of private parties**
- \* **Financing and resources**
- \* **Gap between law and implementation**
- \* **Absence of right to health considerations in other international treaty regimes**

# Progressive realisation

- \* States need only progressively realise the right to health
  - \* Except some immediate obligations e.g. non-discrimination
  - \* Except for core obligations e.g. protection of vulnerable groups
  - \* Retrogressive measures must be **justified**
- \* This principle does not exist in constitutional protections of the right to health – e.g. Brazil, South Africa, India
- \* Draws an **artificial distinction** between economic and social rights and civil and political rights

# No regulation of private parties

- \* **Private entities/corporation** not amenable to the right to health framework
- \* State obligation to **‘protect’** from private party violations – e.g. India’s enactment of s 3(d) of the Patents Act sets high bar for patentability, to increase competition and lower prices of essential medicines
- \* However, private companies wield **increasing power** and resources
- \* Only **voluntary guidelines** (e.g. Ruggie report, previous UNSR report on access to medicines) exist at present

# Financing and Resources

- \* Resources for realising the right to health are lacking
  - \* Estimates \$40 USD/person for basic health needs/Abuja declaration – out of reach for most developing countries
- \* Currently many global health financing initiatives, e.g.
  - \* Global Fund for TB, AIDS and Malaria
  - \* UNITAID
- \* But dependent on donor or state goodwill, not obligation
- \* Need for coordinated framework with greater accountability

# Absence of right to health in other international regimes

- \* TRIPS and access to medicines:
  - \* Some limited TRIPS flexibilities
  - \* Often developing states have little power or capacity to make full use of TRIPS flexibilities
    - \* Pressure from developed countries e.g. use of US Trade Law s301
    - \* Pressure from private sector e.g. Thailand's compulsory licencing of Plavix
  - \* Many countries further restricting via TRIPS+ agreements

# Absence of right to health in other international regimes

- \* Global drug control regime
  - \* Primarily a law and order approach
  - \* Single Convention on Narcotic Drugs, Convention on Psychotropic Substances,
  - \* Encourage punitive laws and criminalisation (often in excess of treaty requirements)
  - \* Impacts access to palliative care, harm reduction therapies
  - \* Drives drug use underground and encourages risky behaviour (e.g. needle sharing)

# Gap between law and implementation

- \* Often law does not translate to improved health on the ground
- \* E.g. India has very progressive judgments on the right to health
- \* But has not been able to improve health indicators due to:
  - \* Lack of investment in/budget for the health care system
  - \* Increasing privatisation; Poor falling off the table
  - \* Lack of priority given to preventive and primary health care

# Need for a transparent and accountable global governance system

## CHALLENGES

- \* Challenge is to ensure that all persons anywhere in the world has her/his right to health realised.
- \* How do increase funding available for states that cannot raise budgetary resources?
- \* Examples of Global Fund on HIV/TB and Malaria, UNITAID to be based on funding by States in a global regime.
- \* This global regime has to be more participatory, transparent and accountable?